

PHYSICAL EDUCATION

Windermere Elementary School

Coach Rossi

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What We'll Do

Throughout the year in PE students will participate in a range of foundational movement skills such as:

- locomotor movements
- non locomotor movements
- manipulative skills

PE will also focus on:

- teamwork
- sportsmanship
- cooperation
- building confidence through acquired skills

PE Expectations

- Try the skill at least once
- Be safe
- Be a good sport
- Be Kind to your team/classmates
- Be respectful
- Have FUN!

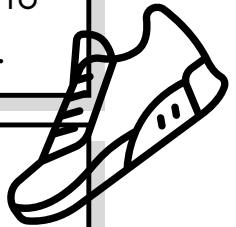


Scan the QR code above for PE schedules



Water

Water is essential to being healthy and active. Please bring a refillable plastic water bottle to PE. Frozen water is also ok.



PE Shoes

Please be sure that your student wears sneakers on their scheduled PE days. Their PE schedule can be found on the PE website if you are unsure. Flip-Flops, Crocs, boots, sandals, open toed shoes, and platform shoes are **not** safe. Your student will receive a reminder note home.

Injuries/Medical

If your student is injured and cannot participate in PE class for one day, please send in a note or email so that I am aware of their non-participation for the day.

Medical notes from a doctor are required for extended injuries. If there are any additional medical concerns, please feel free to email at any time.

If your student is injured during PE, they will be sent to the nurse and will receive a note or call home.